


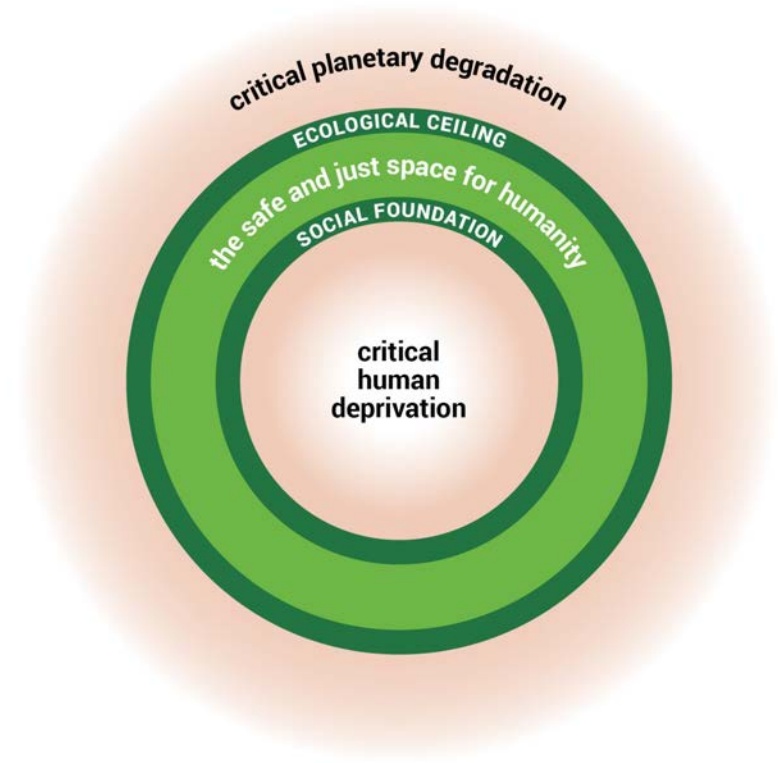
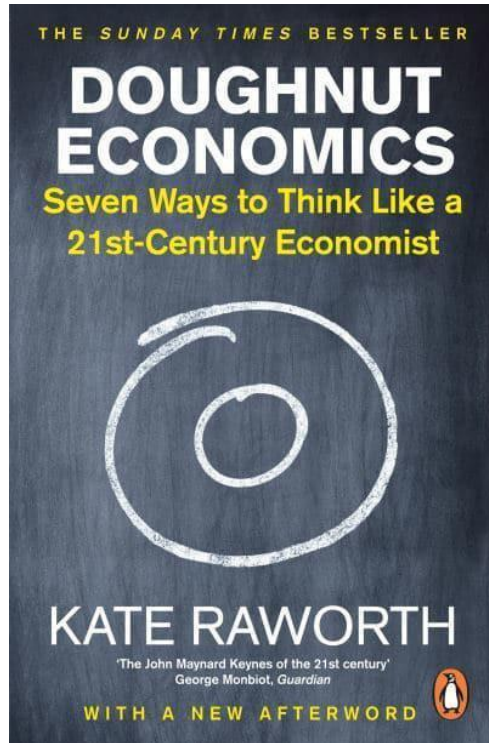
# Doughnut Economics

A useful compass to navigate our region's interconnected opportunities

A wide-angle landscape photograph showing a calm body of water in the foreground, reflecting the sky and distant mountains. The middle ground features dark, forested slopes on either side of the water. In the background, a range of rugged mountains with significant snow cover is visible under a heavy, overcast sky. The overall color palette is dominated by blues, greys, and whites, with a touch of green from the forest.

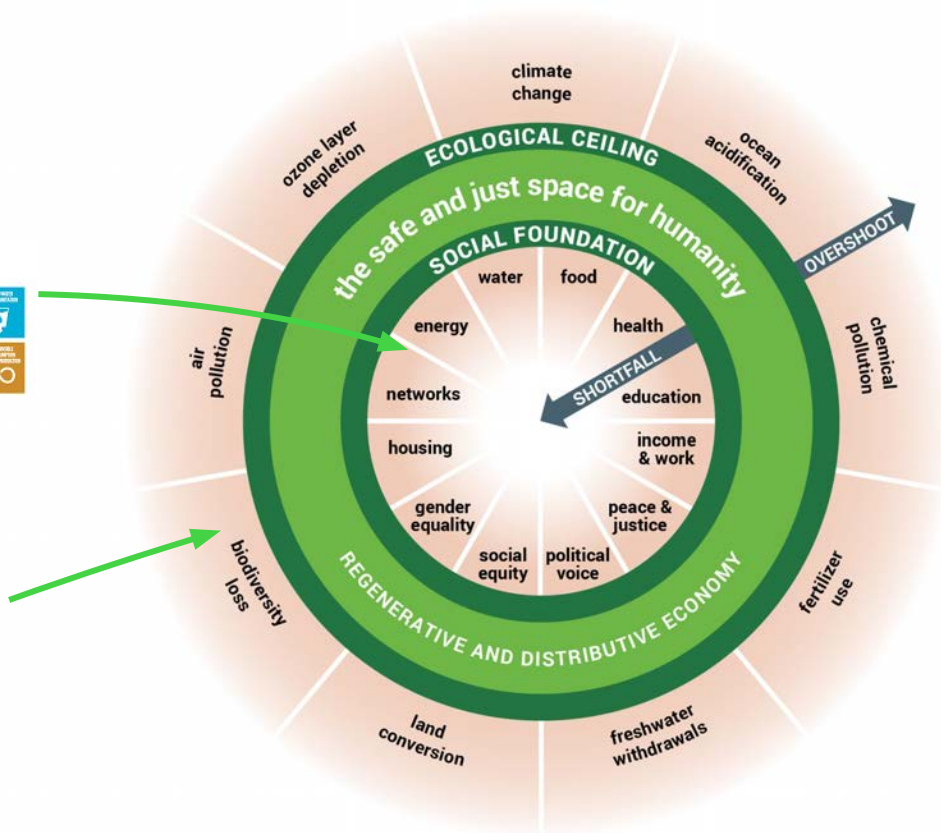
# Introduction

# What is Doughnut Economics?





## PLANETARY BOUNDARIES



## Cities & Regions

Downscaling the Doughnut to reimagine and remake the places where we live.

Edit

Follow


- Explore Themes
- Communities & Art
- Cities & Regions**
- Research & Academics
- Business & Enterprise
- Schools & Education
- Government & Policy



A Doughnut Workshop in Barcelona.

## Local governments in action


Pioneering places around the world are turning Doughnut Economics into practice. Local governments at many scales - from villages to megacities - are adopting the tools and concepts of Doughnut Economics in order to help bring about a thriving future. DEAL's Cities & Regions work focuses on supporting these administrations, experimenting and learning together on many journeys of transformation. This page gives an overview of what Doughnut Economics means for local governments, what are the core concepts and tools to get started with, what other places are already doing and what DEAL can do to support you.



- DEAL Community
- News
- Events
- Tools & Stories
- Themes & Topics
- About


Tools & Stories

How-to guides that anyone can use and adapt; and inspiring examples of Doughnut Economics in action around the world.



tools & stories

to turn Doughnut Economics into action



**strategic doing**


THE SKILLS FOR REAL CHANGE

WILEY

Strategic Doing

Printed by David Dabbs

#mathbiology #internalengagement



**Lesson Plan - Introduction to 'Doughnut Economics'**

Posted by Mousa Toubi

#mathbiology #lessonplan

Tools

Open access tools that anyone can use to turn Doughnut Economics from a radical idea into transformative action.

From exploratory workshops to activities, lesson plans, methodologies, and more.

Add a tool

View all tools

# Cities & regions let's get started

Version 1  
2023

Nine pathways

for local and regional governments  
to engage with **Doughnut Economics**  
as a tool for transformative action



# The DEAL Community

Show me:

## Members

## Events

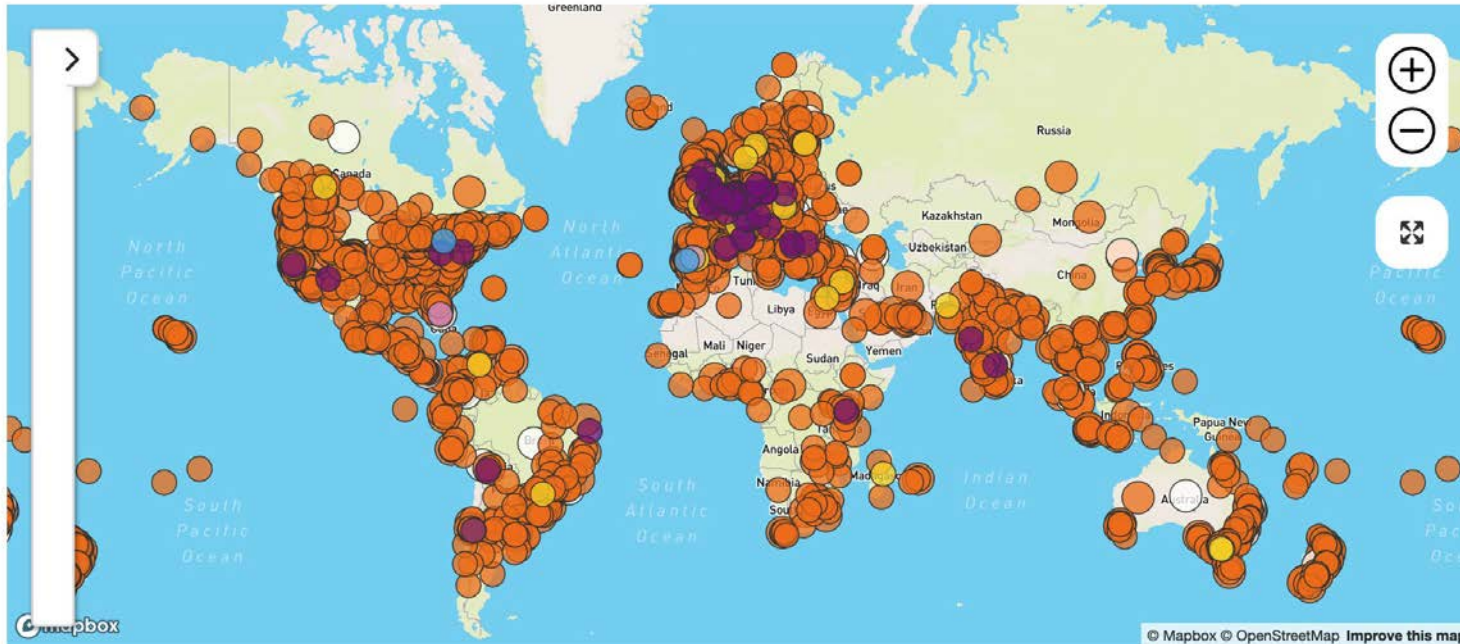
## Stories

## Networks

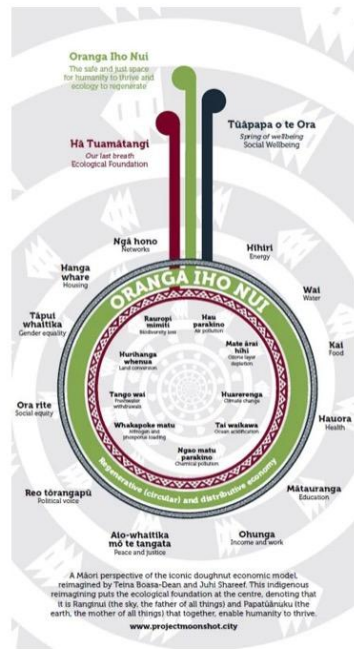
Orgs

## Cities & Regions

Search for keywords... 



# Doughnut in Aotearoa



Show me:

- Members
- Events
- Stories
- Networks
- Orgs
- Cities & Regions

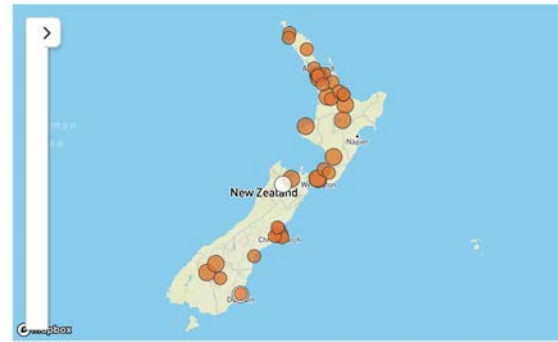
3 items here

- Dunedin
- Wellington
- An Indigenous Māori View of Doughnut Economics

135 Members

Show me:

- Members
- Events
- Stories
- Networks
- Orgs
- Cities & Regions



# Multiple pathways to get started

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## Taking steps


**#1**   
Starting conversations  
and internal learning

**#2**   
Testing the Doughnut  
on ongoing projects

**#3**   
Empowering local  
change-makers

## On a journey

**#4**   
Data, measuring and  
monitoring

**#5**   
Plans and strategies

**#6**   
Demonstrator  
projects


## Committing long-term

**#7**   
Doughnut Economics  
as a strategic compass

**#8**   
Decision-making and  
project assessment

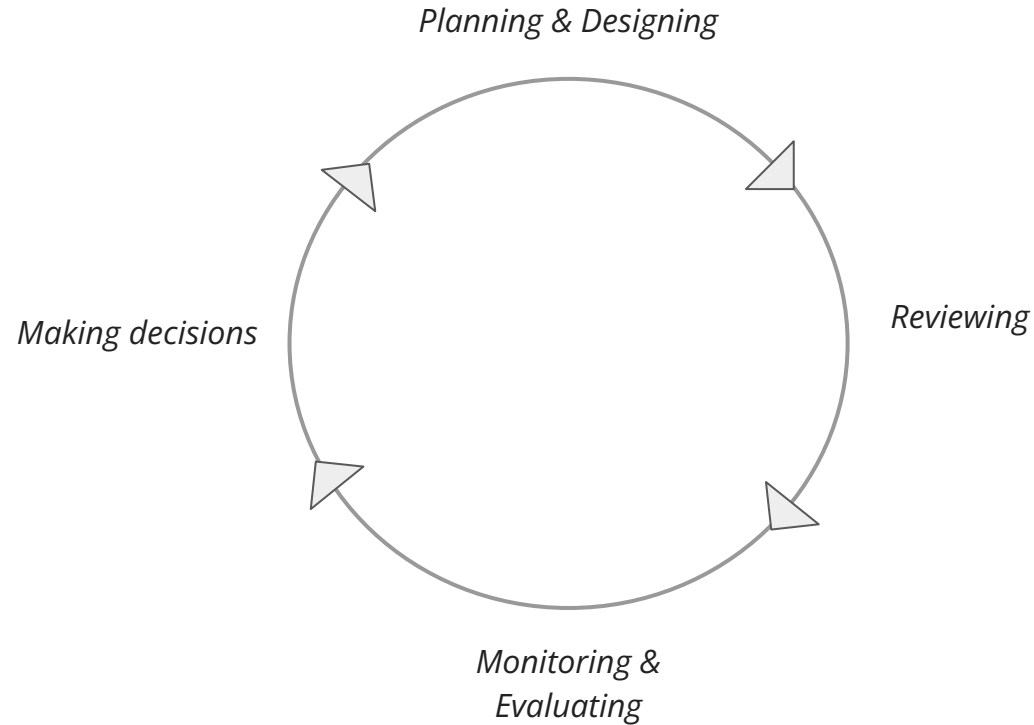
**#9**   
Identifying levers of  
transformative change



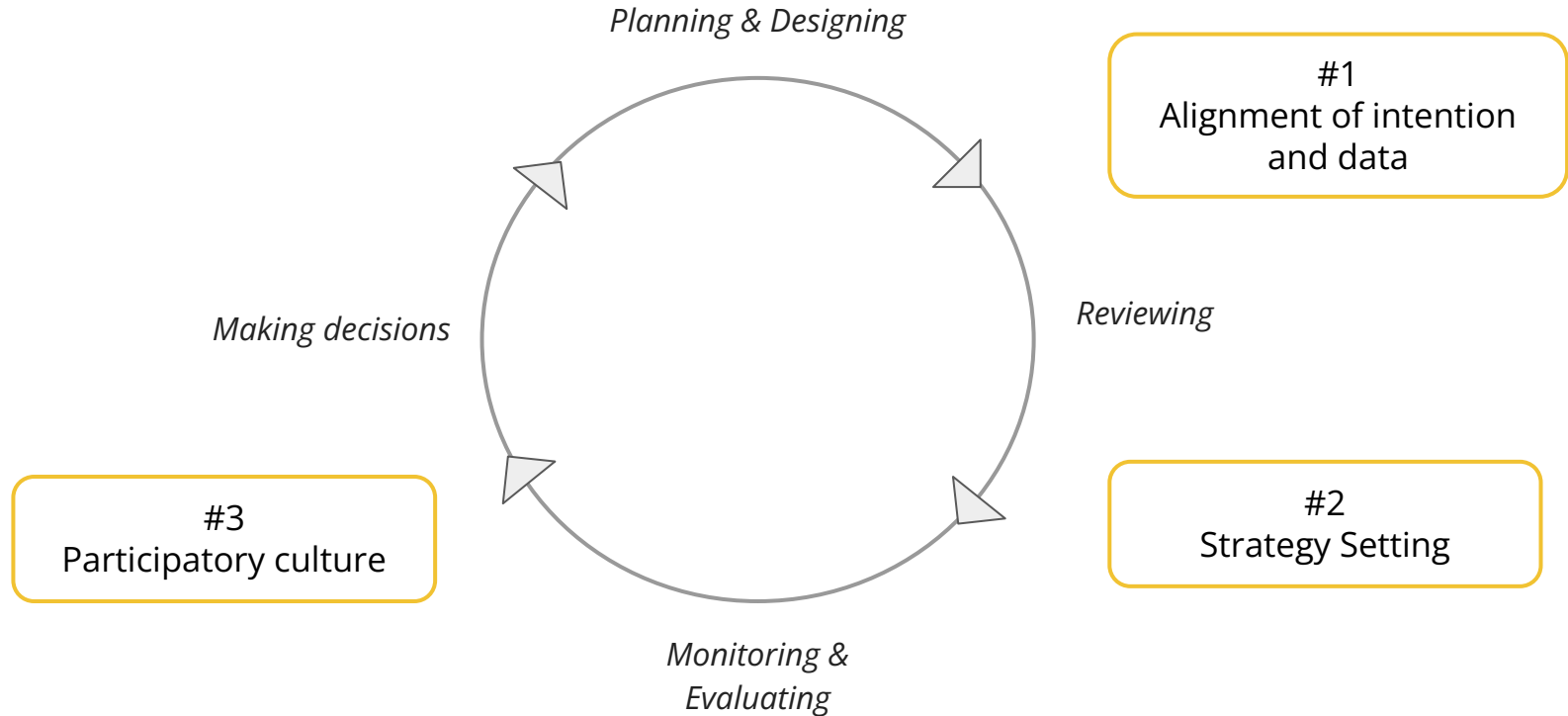
A wide-angle landscape photograph of a Norwegian fjord. The water is a calm, light blue-grey color, nestled between steep, dark green mountains. The mountain peaks are rugged and partially covered with patches of white snow. The sky is filled with heavy, grey clouds, with some light breaking through near the horizon. In the lower foreground, a small village with a few buildings and a winding road is visible on a green slope. The overall mood is serene and majestic.

An actionable compass

# An iterative process



# An iterative process



# #1 Alignment of intention and data

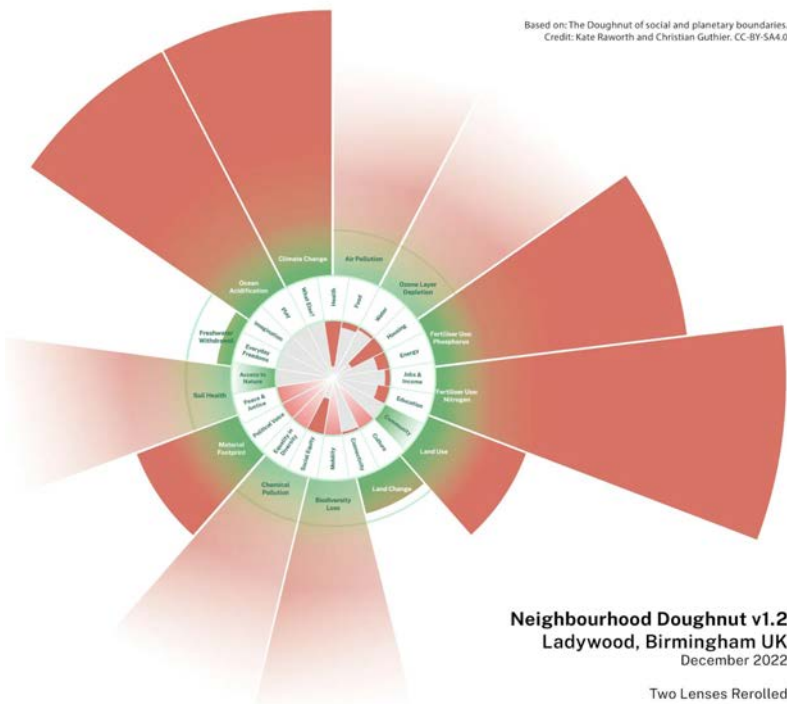
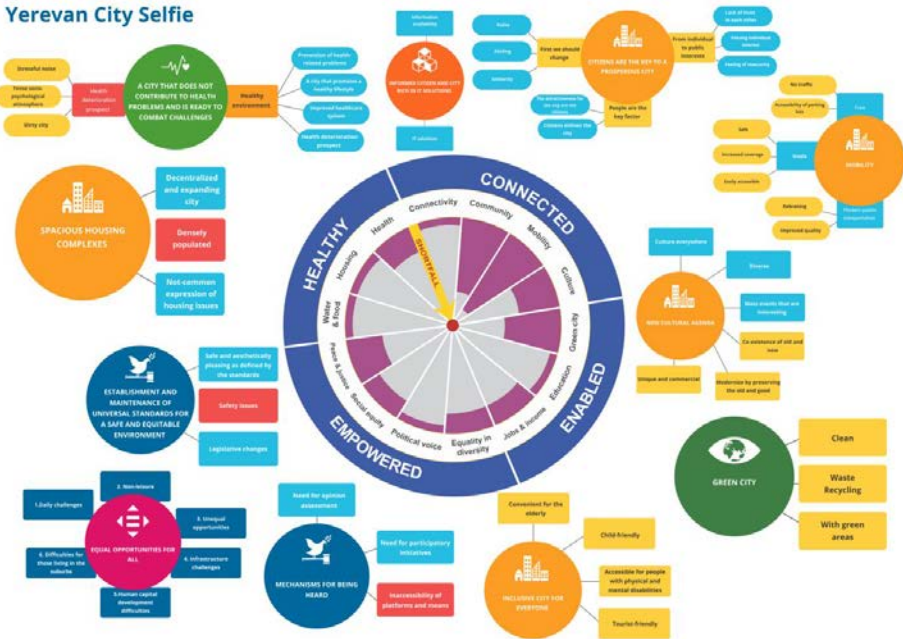
# Benefits of the compass

- A holistic snapshot and a way for to assess initiatives for their economic, social and environmental contribution to the city/ region as a whole
- A visual tool that unites different interests and players around a shared vision
- Measuring what matters



# Data Portrait: Yerevan and Ladywood

## Yerevan City Selfie

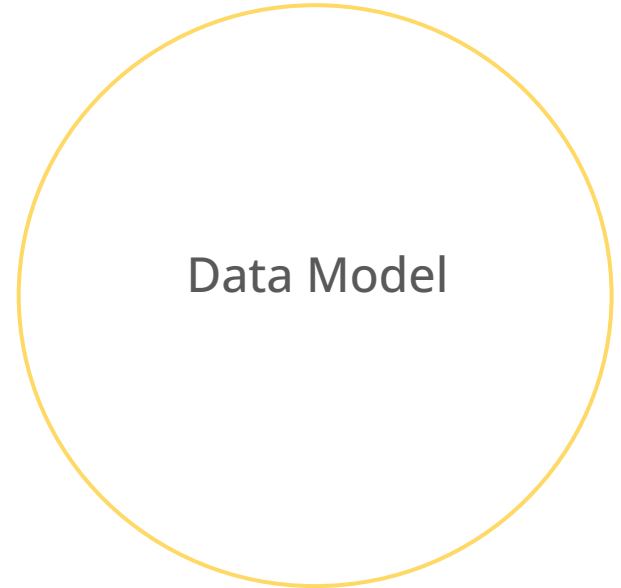
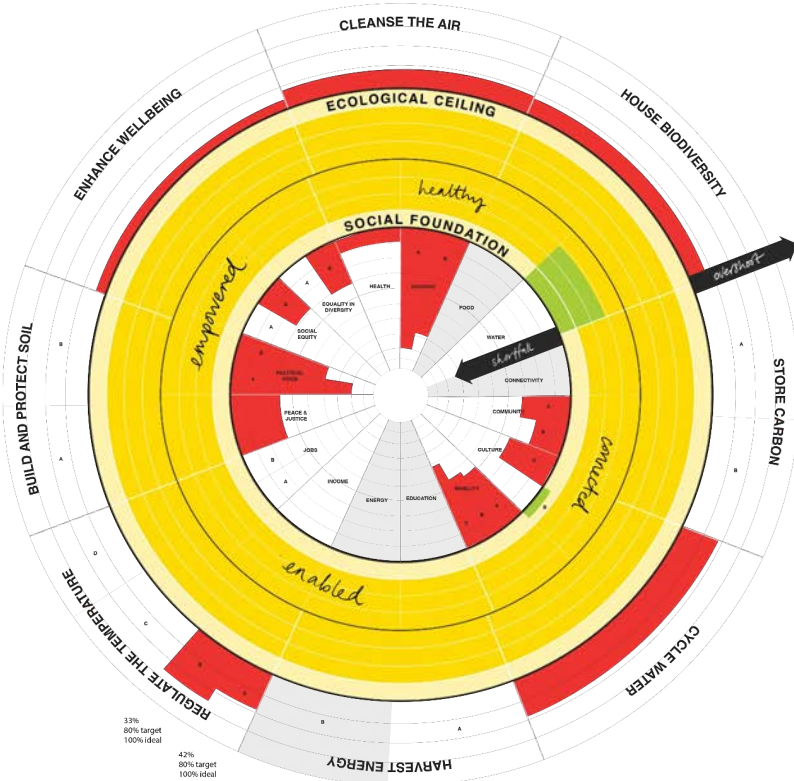


Based on: The Doughnut of social and planetary boundaries.  
Credit: Kate Raworth and Christian Guthrie. CC-BY-SA4.0

Neighbourhood Doughnut v1.2  
Ladywood, Birmingham UK  
December 2022

Two Lenses Rerolled

# WCC's Doughnut journey

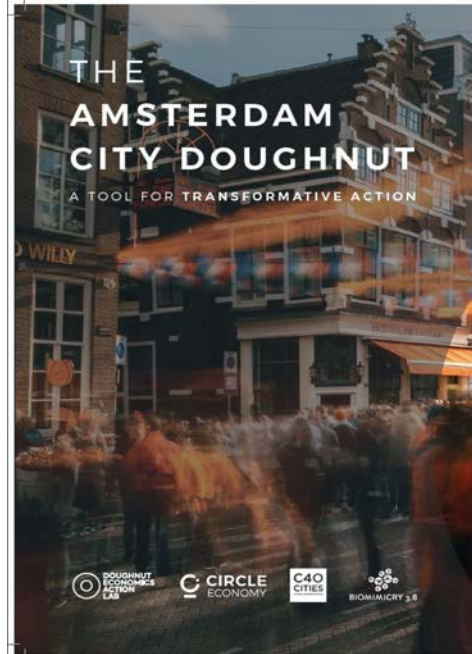


## #2 Strategy Setting

# Benefits of the compass

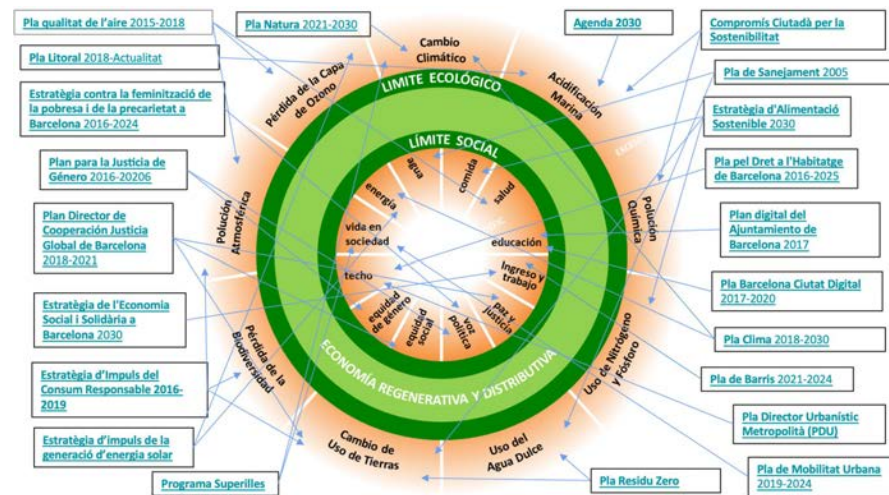
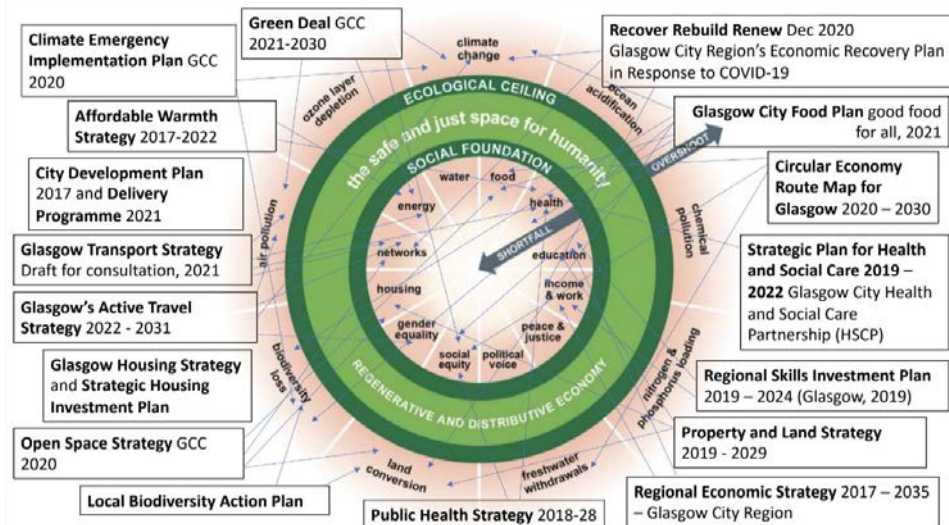
- Demonstrate the interconnectedness of existing (and future) strategies
- Provide a platform for collaboration amongst local/ regional bodies' departments and BUs
- Report and advise in ways that are more transparent, more holistic, using shared data systems
- At project level: Enable better informed decision making, with visibility on aggregated impact and/or unintended consequences

# A Circular Strategy for Amsterdam





# Taking stock: Glasgow and Barcelona

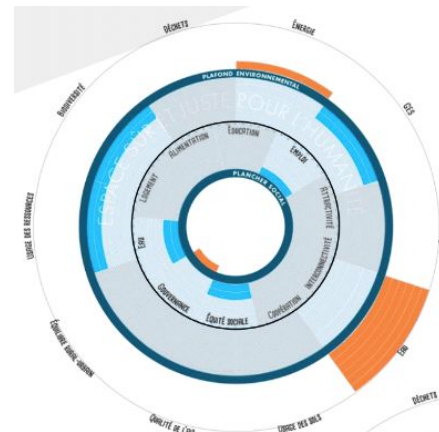


# Mapping impact: Cornwall and Valence



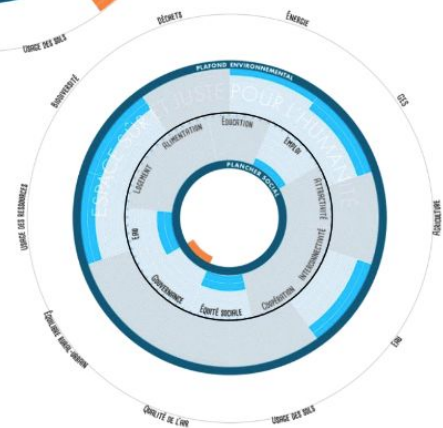
## Decision making wheel

Case study: The Saints Trail



Impact court terme

Impact long terme



# Imagine if we...

.... applied Doughnut Economics to our Regional Housing Action Plan.



## KEY ISSUES



## RHAP VISION

***Everyone in Aotearoa New Zealand lives in a home and within a community that meets their needs and aspirations***

Processes and practices:



## #3 Participatory culture

# Benefits of the compass

- Cross-sector collaboration, including communities and civil society
- An accessible visualisation, storytelling and engagement tool
- A platform to grow a stronger sense of community and empower individuals / groups / communities of interest



Community workshop, Melbourne



# Imagine if we...

.... embraced a participatory culture approach to co-creating the region that we all want?



Wellington's first Citizens' Assembly, Nov 2023



Multiple Participatory Region opportunities

# Summary

#1

Alignment of intention  
and data

#2

Strategy Setting

#3

Participatory culture

# Getting started!

<https://doughnuteconomics.org/tools/cities-regions-let-s-get-started>

## Taking steps

#1



Starting conversations and internal learning

#2



Testing the Doughnut on ongoing projects

#3



Empowering local change-makers

## On a journey

#4



Data, measuring and monitoring

#5



Plans and strategies

#6



Demonstrator projects

## Committing long-term

#7



Doughnut Economics as a strategic compass

#8



Decision-making and project assessment

#9



Identifying levers of transformative change

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Q&A

